

## ROTATING SYSTEMS DAY 2: ROLLING MOTION

**Warm-Up (3 min):** A box sits on a table. You push near the top edge. Sometimes it slides, sometimes it tips over.

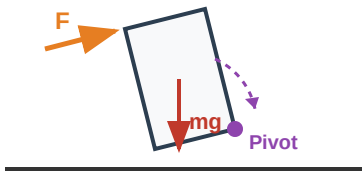
1. **(a)** What determines whether the box slides or tips? (Think about the forces acting on it).
2. **(b)** Now imagine a cylinder on a table. You push it. Does it ever slide *without* rotating? Why is a circle fundamentally different from a box?

### WHY THINGS ROLL: TIPPING OVER A MOVING PIVOT

#### THE BLOCK

A block only tips when the torque from your push *exceeds* the restoring torque from gravity. The pivot point is the front corner.

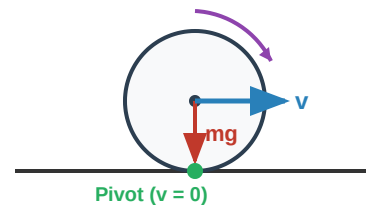
Push high → more applied torque → it tips. Push low → it just slides.



#### THE CIRCLE

A horizontal push above the contact point produces a torque about that point, so even a small push starts the circle tipping forward — the pivot (contact point) sits at the very bottom edge.

Because the center of mass is directly over the pivot, gravity provides *zero* restoring torque — nothing resists the tipping. Rolling can be pictured as **tipping that continues** over a pivot that keeps moving.



**The Rolling Constraint:**  $v_{cm} = \omega R$  and  $a_{cm} = \alpha R$ .

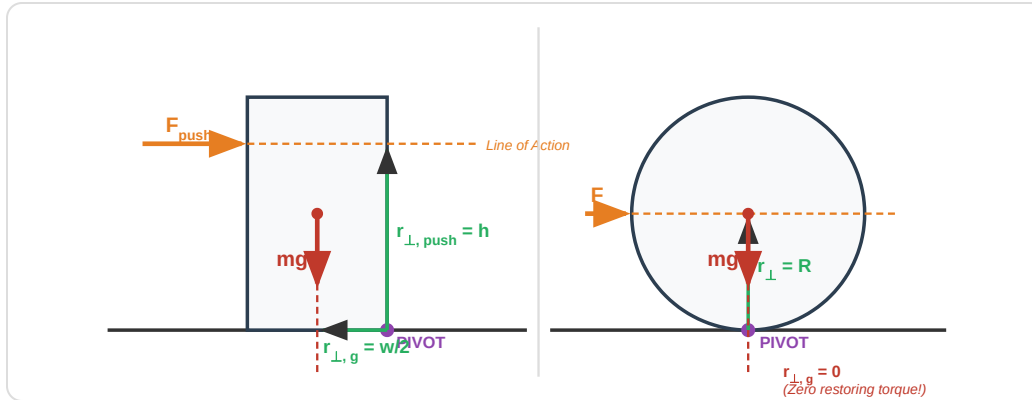
If  $v_{cm} > \omega R$ , the object is sliding (like a bowling ball right after release). If  $v_{cm} < \omega R$ , it's spinning in place (like tires stuck on ice). Rolling without slipping is the perfect balance between the two.

## DEEP DIVE: LINE OF ACTION & TIPPING

### LINE OF ACTION & LEVER ARM

To determine whether an object tips or rolls, extend any force vector into a dashed **Line of Action**. The **lever arm** ( $r_{\perp}$ ) is the shortest perpendicular distance from the pivot to that line.

$$\tau = F \cdot r_{\perp}$$



### WE DO The Tipping Threshold

Using the diagrams above, let's write the mathematical rules for tipping vs. rolling.

1. **(a) The Box:** In order for the box to tip to the right, what must be true about the applied torque vs. the gravitational torque? Write the equation using  $F$ ,  $h$ ,  $m$ ,  $g$ , and  $w$ .

2. **(b) The Circle:** What is the magnitude of the restoring torque from gravity for the circle? Use this to explain why even a small horizontal force applied above the contact point starts the circle rotating forward.

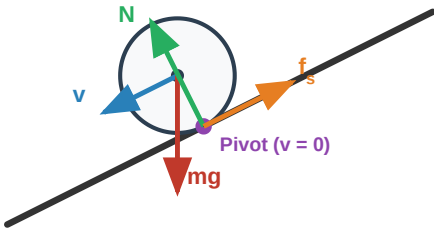
THE PARADOX: DOES THE RAMP DO WORK?

ZERO WORK AT THE CONTACT POINT

A ball rolls down a ramp and speeds up. The ramp pushes on the ball with two forces: **normal force** and **static friction**. (Yes — rolling friction *is* static friction! The contact point doesn't slide.)

Both forces act at the **contact point**. Because it rolls without slipping, the contact point is momentarily at rest ( $v = 0$ ).

Since  $W = F \cdot \Delta x$  and  $\Delta x = 0$ , the ramp does **zero mechanical work**. It just redirects gravitational energy into rotational KE! Mechanical energy is conserved.



THE MASTER SHAPE TABLE

**From Yesterday:** We used energy conservation to derive  $v = \sqrt{\frac{2gh}{1 + c}}$  for an object with  $I = cMR^2$ . Today we map out every shape to build a reference table you'll use for the rest of the unit.

WE DO Complete the Table

Calculate what fraction of total KE is rotational vs. translational for each shape.  
*Hint:  $K_{rot}/K_{total} = c/(1 + c)$  and  $K_{trans}/K_{total} = 1/(1 + c)$ .*

| Shape            | $I = cMR^2$       | $c$           | Speed at bottom      | % Rotational KE      | % Trans. KE          | Rank                 |
|------------------|-------------------|---------------|----------------------|----------------------|----------------------|----------------------|
| Solid sphere     | $\frac{2}{5}MR^2$ | $\frac{2}{5}$ | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| Solid cylinder   | $\frac{1}{2}MR^2$ | $\frac{1}{2}$ | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| Thin hoop / ring | $1MR^2$           | 1             | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| Sliding block    | —                 | 0             | <input type="text"/> | 0%                   | 100%                 | <input type="text"/> |

YOU DO Pattern Recognition

1. (a) Which shape "wastes" the most energy on spinning? Which wastes the least?
2. (b) While rolling without slipping, a solid disk splits its KE as \_\_\_\_% translational, \_\_\_\_% rotational — fixed by its shape ( $c = \frac{1}{2}$ ), not its size or speed.
3. (c) Would a hollow sphere ( $c = \frac{2}{3}$ ) finish faster or slower than a solid sphere? Faster or slower than a hoop?

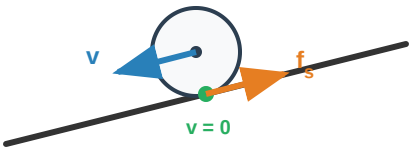
# WHEN ENERGY WORKS — AND WHEN IT DOESN'T

## SCENARIO A: ROLLING WITHOUT SLIPPING (ENERGY WORKS!)

### STATIC FRICTION = ENERGY CONSERVED

Because the contact point is at rest, static friction does no work. The object's gravitational potential energy is perfectly converted into  $K_{trans} + K_{rot}$ .

Use  $mgh = \frac{1}{2}mv^2 + \frac{1}{2}I\omega^2$



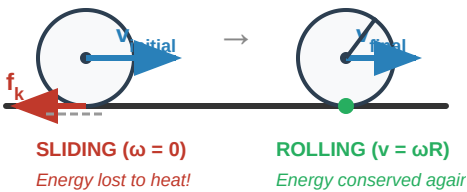
## SCENARIO B: SLIDING THEN ROLLING (ENERGY LOST!)

### THE BOWLING BALL PROBLEM

A bowling ball is thrown with  $v_{cm}$  but **no spin** ( $\omega = 0$ ). It skids on the lane.

Because it is slipping, it uses **kinetic friction**. The contact point is rubbing against the floor ( $\Delta x \neq 0$ ), so kinetic friction does work and grinds away energy as heat.

Eventually, friction slows  $v_{cm}$  and speeds up  $\omega$  until  $v = \omega R$ . At that exact moment, it starts rolling and energy is conserved again!



QUICK

### Which Scenario?

| Situation                                        | Friction type        | Energy conserved?    |
|--------------------------------------------------|----------------------|----------------------|
| Ball rolls down a rough ramp from rest           | <input type="text"/> | <input type="text"/> |
| Bowling ball thrown with no spin on a lane       | <input type="text"/> | <input type="text"/> |
| Ball rolling on a perfectly frictionless surface | <input type="text"/> | <input type="text"/> |

## PRACTICE

### DECISION TREE: ROLLING PROBLEMS

1. **Is it rolling without slipping?** → Use  $v_{cm} = \omega R$  and energy conservation.
2. **Is it sliding?** → Kinetic friction does work. Energy is NOT conserved. Use forces + torque.
3. **What shape?** → Look up  $c$  in the shape table. Use  $v = \sqrt{2gh/(1+c)}$  for ramp problems.

### HOMEWORK

#### HW 1 Energy Split Shortcut

A solid cylinder rolls at  $v_{cm} = 6.0$  m/s. Without calculating the actual energies, use the KE fraction shortcut from the shape table to find the translational and rotational KE if the cylinder's mass is 2.0 kg.

#### HW 2 The Bowling Ball

A bowling ball (solid sphere, mass 6.0 kg, radius 0.11 m) is thrown at 8.0 m/s with no spin onto a lane with  $\mu_k = 0.10$ .

1. **(a)** What specific force causes the ball's center of mass to slow down?
2. **(b)** What specific force causes the ball to start spinning?
3. **(c)** Challenge: When  $v_{cm} = \omega R$ , the ball stops sliding. Use  $f_k = Ma_{cm}$  and  $\tau = I\alpha$  to show that the final rolling speed is  $\frac{5}{7}v_0$ . Where did the lost energy go?

#### HW 3 Will It Tip or Will It Slide?

A uniform box is 0.40 m wide and 1.0 m tall, with mass 20 kg. You push horizontally at the very top edge. The coefficient of static friction between the box and the floor is  $\mu_s = 0.35$ .

1. **(a)** What is the minimum force needed to make the box *slide*? (Hint: when does your push overcome static friction?)
2. **(b)** What is the minimum force needed to make the box *tip*? (Hint: set  $\tau_{push} = \tau_{gravity}$  about the pivot corner.)
3. **(c)** Which happens first — tipping or sliding? How would your answer change if you pushed at the midpoint instead of the top?